

Volunteers
HELPING
FROM
Home



OREGON
HUMANE
SOCIETY

#ohspets

Volunteers Helping from Home Packet

The Oregon Humane Society wants to offer our sincerest thanks for being an animal advocate in the community! At OHS, we believe that every pet deserves a good life. By taking on an at-home service project, you are assisting us in our mission to save the most vulnerable animals and enrich the lives of pets and people.

This packet consists of various ideas to inspire you to get involved. Every craft in this packet can be made and donated to meet community service or OHS youth and adult volunteer hour requirements. The packet also contains options for doing a drive in your community or school.



Critter Burritos for Small Animals

Supplies

- Empty toilet paper rolls or paper towel rolls cut in half
- Timothy Hay
- Scissors
- *Optional:* sisal rope

Instructions

1. Use the scissors to cut small holes or designs in the paper towel/toilet paper roll.
2. Stuff the paper towel roll with Timothy Hay until hay no longer falls out of the rolls.
3. *Optional:* Attach sisal rope to the end for a hanging toy.



Estimated Completion Time

1 hour - 12 Critter Burritos

Peanut Butter Milk-Bone Sandwich

Supplies

- Box of Milk-Bone dog treats
- Peanut butter
- Knife
- Plastic Zip-lock bag

Instructions

1. Using the knife, scoop out peanut butter from the jar.
2. Spread the peanut butter onto the flat side of the Milk-Bone.
3. Stick the flat side of another Milk-Bone onto the buttered bone.
4. Put the Milk-Bone peanut butter sandwiches into a zip-lock bag and freeze overnight.



Estimated Completion Time

1 hour - 30 Sandwiches

Dog Braid Toys

Supplies

- Scissors
- Anti-pill fleece fabric

Instructions

1. Cut three strips 3 inches wide and 18 inches long out of fleece.
2. Tie the end of these strips together in a knot.
3. Tightly braid the three strips together.
4. Tie the other end of the strips together in a knot.
5. Go to <https://youtu.be/wdmfwykPPRU> to see a how-to video.



Estimated Completion Time

1 hour - 6 Dog Braid Toys

Cat Braid Toys

Supplies

- Scissors
- Anti-pill fleece fabric

Instructions

1. Cut three, 1/2 inch wide and 8 inch long strips out of fleece.
2. Tie the end of these strips together in a knot.
3. Tightly braid the three strips together.
4. Tie the other end of the strips together in a knot.
5. Go to <https://youtu.be/wdmfwykPPRU> to see a how-to video (same video as dog but just cut strips smaller).



Estimated Completion Time

1 hour - 20 Cat Braid Toys

Ring Ball Toy

Supplies

- Empty cardboard TP roll
- Scissors
- Cat treats (optional, but highly recommended!)

Instructions

1. Mark four, 1/4-inch (or finger-width) marks on the side of the cardboard roll.
2. Use the scissors to cut each ring.
3. Insert the first ring into the second ring, then continue with the third and fourth, until you've formed a ball.
4. Go to <https://youtu.be/h5kirelh92k> to see a how-to video.



Estimated Completion Time

1 hour - 20 Ring Ball Toys

Sunshine Toy

Supplies

- Empty cardboard TP roll
- Scissors

Instructions

1. Cut the ends of each end of the roll, creating tabs.
2. Fold tabs back, creating a "sunshine" look.



Estimated Completion Time

1 hour - 20 Cat Sunshine Toys

No-Sew Fleece Kitty Blanket

Supplies

- Sharp scissors
- Straight pins
- Ruler
- Two pieces of anti-pill fleece fabric, 2x2 feet



Instructions

1. Begin by laying out your two fabric pieces on a table. The bottom piece should have the “good” side facing down, while the top piece should have the “good” side facing up (the two “wrong” sides will be against each other in the middle).
 2. Stick a piece of masking tape 3 inches in from each edge of the blanket. This will be your “cut-to” line. Each corner will end up with a square where the tape crosses. Cut that square out (through BOTH layers of fleece) and discard it.
 3. Now, with the no-sew blanket still laying out flat, start cutting the fringe around the edges. Cuts should be 1 inch wide and cut up to the tape line. You don't have to be exact! No stress, just be as consistent as you can. Cut all the way around all four sides of your no-sew blanket. You can also use a rotary cutter to cut the strips.
 4. Next, tie off the strips on all four of the corners. Gently lift the first set of fringe (you should be holding one of each color.) Tie together. Once you have tied all of the corners, tie the rest of the strips to complete your no-sew blanket. Tape guidelines can be removed after you cut the strips on that side.
 5. Go to <https://youtu.be/R3UgR6rKEoE> to see a how-to video.
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Cat Puzzle

Supplies

- Toilet paper or paper towel rolls
- Empty square or rectangle tissue box or a shoe box
- Hot glue gun
- Scissors



Instructions

1. If using a tissue box, cut off the top so that the box is open.
2. Cut the tubes to the same length as the height of the box if needed.
3. Place the tubes in the box, gluing each one in place as you go.
4. Continue until the box is filled snugly with the tubes.
5. Go to <https://youtu.be/4e1qkBh2DhU> to see a how-to video.

Fleece Cat Pom Toys

Supplies

- Sharp scissors
- 4x4 inch piece of cardboard (template)
- Anti-pill fleece fabric

Instructions

1. Cut 4 fleece squares using your 4x4 inch cardboard template.
2. Cut 1/2 inch strips along one side of the square, stopping half way through the square. Repeat this step on the opposite side of the square.
3. Continue this for each of the four squares.
4. Cut a long strip of fleece that is about 5 inches long and 1/2 an inch wide.
5. Stack all four of the square fleece pieces on top of each other and align the frayed ends.
6. Lay the long fleece strip along the middle, uncut portion of the square.
7. Use the long fleece strip to tie a double knot around all four square pieces, binding them together.
8. Go to <https://youtu.be/3UxUao4DmbQ> to see a how-to video.



Estimated Completion Time
1 hour - 15 Fleece Cat Toys

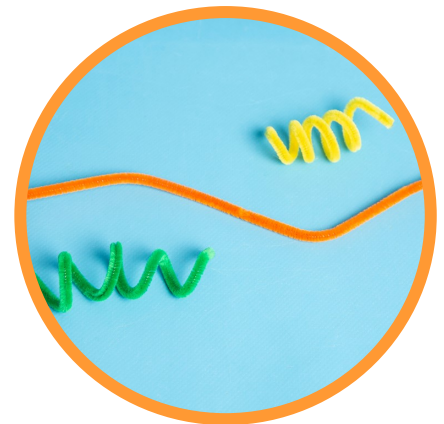
Pipe Cleaner Cat Toys

Supplies

- Pen or pencil
- Crafting Pipe Cleaners

Instructions

1. Hold the pen or pencil in your dominant hand.
2. Take one or two colored pipe cleaners in the other hand.
3. Wrap the pipe cleaner around the pen until the entire pipe cleaner is wound around the pen.
4. Pull the pipe cleaner off of the pen.



Estimated Completion Time
1 hour - 30 Pipe Cleaner Toys

Wine Cork Kitty Toys

Supplies

- Wine corks
- Crafting Pipe Cleaners
- Power drill with 1/8 inch drill bit (or can use end of scissors)

Instructions

1. Set up your work station on a surface that you can drill on (i.e. work bench, pavement, dirt, grass).
2. Lay a wine cork horizontally on its side and hold the circular sides of the cork with your thumb and index finger.
 1. Drill a small hole through the middle of the cork.
 2. Thread a pipe cleaner through the hole.
 3. Twist each end of the pipe cleaner around your finger to curl the ends.
4. Go to <https://youtu.be/l-eakwY1ssl> to see a how-to video.



Estimated Completion Time

1 hour - 30 Cork Kitty Toys

Happy Socks Catnip Toys

Supplies

- Child size socks
- Polyester fiber fill
- Dried catnip

Instructions

1. Place a generous amount of dried catnip in a deep container.
2. Take a handful of polyfill and roll it in the catnip until it is covered.
3. Take a sock and gather it all the way onto your thumbs as if you were about to put it on your own foot.
4. Take the catnip/polyfill and stuff it inside the sock. Use enough to firmly stuff the sock.
5. Tie a knot in the ankle part of the sock.
6. Fluff the sock to evenly spread the polyfill/catnip.



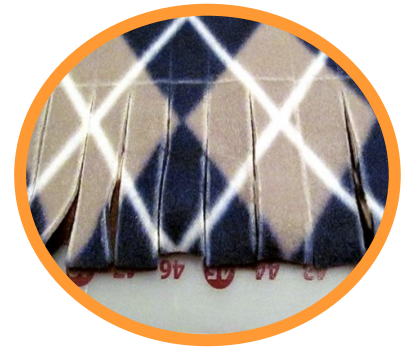
Estimated Completion Time

1 hour— 25 Happy Socks

Dog Bed

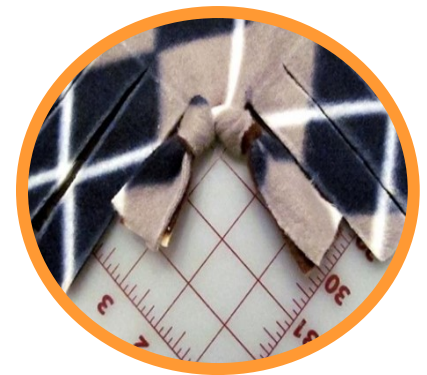
Instructions

1. Gather your fleece, a large ruler, scissors and marking chalk. You will need 2 layers of fleece per blanket. For pet blankets, we find one yard of each is plenty (ex: this bed would be fine for a dog the size of a Lab).
2. Lay your fleece pieces on top of each other – they don't have to match up EXACTLY. In this case, close is good enough. If your fleece has a "right" and "wrong" side, you want wrong sides together.
3. Mark off a four inch square in each corner with cardboard.
4. Along each side in between the squares you just made, mark off strips that are one inch wide and four inches deep. THIS DOES NOT NEED TO BE PERFECT. If you are good at cutting straight, even lines you don't necessarily have to do such detailed marking. We find these measurements give you enough room to make the knots without it being too bulky and without making more cuts than necessary. If you use marking chalk, most of it will brush off as you cut and knot.
5. First, cut out the squares in each corner. Then cut your fringe. Make sure you are cutting through BOTH layers of fleece!



Note before knotting! We have found there is a "pretty" way to tie the knots and a "not as pretty" way. The pretty way is to keep both layers of fleece together and do a loop knot. The not as pretty way is to separate the two layers and tie them together. If you choose to tie the strips this way, tie them all the same way and it will look a lot better.

6. Start tying your knots. We suggest tying the 2 knots at each corner first and then you can move yourself and the blanket to the couch to finish up. Once all your knots are tied, you're done!
7. Go to <https://youtu.be/fQrkU9dN54s> to see a how-to video.



DIY Cat Wand

Supplies

- 1 Wooden Dowel
- 3 Jingle Bells
- Multiple Fabric Scraps (Ribbons, Shoe Laces, etc)
- 1 Roll of Baker's Twine
- Scissors
- Fabric Glue



Instructions

1. To make your wand look "irresistible", begin by wrapping the plain wooden dowel with Baker's Twine.
2. When you finish wrapping the dowel, leave an excess amount {10-12 inches} so that you can tie your fabric scraps to the end.
3. Use a small amount of fabric glue to secure the twine to the dowel, so that it doesn't unravel.
4. Take all of your fabric scraps and tie them to the end of the Baker's Twine.
5. Select three different scraps of fabric and tie on the jingle bells.
6. Go to <https://youtu.be/dd8zgOqqkBY> to see a how-to video.

Single-Leg Dog Tug Toy

Supplies

- 2 – six-foot lengths of ¼" Atwood Polypro Rope *
- OR 2- six foot by 2" strips of fleece
- Scissors
- Lighter or candle (if using rope)



Instructions

1. Find midpoint of rope or fleece strips and tie a simple knot, forming a + shape.
2. Begin knotting in either a crown, square or box knot. Pull it as tight as you can and pull it tighter.
3. When you have about 6" left (using rope) tie a large knot (rope) and pull each loose end around the circle, several times, until it is as tight as possible. If using fleece, work until about 3" are left; no knot is needed, but trim ends to about 2" and cut into fringe. We have tried several brands of rope and Atwood's works the best. Atwoods is available at Andy and Bax, online at AtwoodRope.com and other outlets in the Portland Area. Atwood rope comes in 100' pieces, so you can just cut it in half, then cut each half into 6 segments, all roughly 8' in length.
4. Go to <https://youtu.be/orRAkF2ywYE> to see a how-to video.

Three-Leg Dog Toy Tug

Supplies

- 6 – six-foot lengths of ¼” Atwood Polypro Rope *
- OR
- 6- six foot lengths of 2” wide fleece fabric
- 3 zip ties
- Scissors
- Lighter or candle (for rope)



Instructions

1. Pair up rope into 3 pairs, find midpoint of each pair.
2. Zip tie midpoints as shown below left, with 4 legs of rope from two pairs.
3. Pick one group and begin knotting, either square knot or crown. Do not pull first two knots super tight, as it will pull through the zip ties. After 5 or 6 knots, cut the zip tie at the bottom and one other zip tie.
4. Begin knotting the new group, using same style (square or crown) as the first. Pulling the first knot as tight as you can, but not pulling it so tight that you pull rope through the zip tie from the un-started leg. Make 5 or 6 knots on this leg.
5. Cut the last zip tie. Begin knotting and pull the first knot as tight as you can. And then pull it tighter. Complete each leg until there is about 6-8” left. Tie a large knot, and go around the circle pulling each strand until you do not feel it slip any more. Trim ends to be even and burn ends with candle or lighter.
6. We have tried several brands of rope and Atwood’s works the best. Atwood’s is available at Andy and Bax, online at AtwoodRope.com and other outlets in the Portland Area. Atwood rope comes in 100’ pieces, so you can just cut it in half, then cut each half into 6 segments, all roughly 8’ in length.
7. Go to <https://youtu.be/orRAkF2ywYE> to see a how-to video on making a square knot.



Pine Cone Enrichment for Rabbits

Supplies

- Gather the pine cones from outside. Make sure that the pine cones you pick up have not been treated with pesticides or any other chemicals harmful to rabbits.

Instructions

1. Wash the pine cones in a sink full of warm water and 1 cup vinegar. Using your hands, make sure to scrub off any dirt, sap, or bugs on the cones.
2. Let the pine cones soak for 20 to 30 minutes in order to remove any remaining sap or bugs that is stuck on them.
3. Rinse the pine cones thoroughly with fresh water and then place them on the paper towels to dry.
4. Air dry for 3 to 4 days, or to speed up the drying process, bake them in the oven. Preheat the oven to 200 degrees and line a cookie sheet with parchment paper or aluminum foil.
5. Spread pine cones out onto the cookie sheet in a single layer and then place in the oven. Bake for one to two hours, until pine cones are fully open. Keep a close eye on the oven in case of fire or smoke.
6. Remove pine cones from oven and let sit until they are fully cooled. Treat your rabbits and watch them enjoy their new toy.



Hanging Small Animal Chew Toys

Supplies

- Sisal rope
- Scissors
- Untreated wood pieces with edges (squares, rectangles, etc.)
- Drill (may be needed if wood pieces don't have holes)
- Optional items: popsicle sticks, untreated wicker, cardboard, raffia, bells Note: If you use colored wood, please make sure that it is non-toxic.



Instructions

1. Cut the sisal rope so it is about 12 inches in length and tie a knot at top.
2. String wood shapes or other items on the rope in any way you want.
3. Tie a small knot underneath each wood shape or item to prevent it from slipping.
4. When finished tying on all pieces, tie a knot at the bottom of your length of rope.
5. Go to <https://youtu.be/ldpDAgVtJ0> to see a how-to video.

Cat Tuna Ball Treats

Supplies

- 1/2 cup of whole-wheat flour
- 1/2 cup of powdered milk
- 1/2 cup of tuna packed in oil
- 1 large beaten egg
- 1/4 cup of water



Instructions

1. Grease a cookie sheet with margarine or use one lined with a silicone sheet.
 2. In a bowl, mix the flour and powdered milk together. In a separate bowl, combine the tuna and egg together, mashing the tuna until it is no longer chunky
 3. Add the tuna mixture to the dry ingredients, and add the water a little at a time until a slightly sticky dough ball is formed.
 4. Using two spoons or a small cookie scoop, create balls and place them about one-inch apart on a non-stick cookie sheet.
 5. Cook in the oven at 350 degrees F for approximately 25 minutes. Cool completely before serving to your pet.
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Kitty's Favorite Turkey Balls

Supplies

- 1/2 pound ground turkey
- 1/2 cup of grated carrots
- 1/2 cup of finely crushed crackers
- 1/4 cup of powdered milk
- 1/2 teaspoon of salt
- 1 egg
- 1 tablespoon Brewer's yeast



Instructions

1. Using your hands as you would when making meatloaf, mix all ingredients together in a large bowl.
2. Shape the mix into individual golf ball-sized nuggets, and arrange them in a non-stick baking pan.
3. Bake for approximately 20 minutes until the balls are nicely browned and reach an internal temperature of 160 degrees F.
4. Cool before serving. Freeze the leftover balls and reheat in microwave as needed.

Peanut Butter Dog Treats

Supplies

- 2 cups flour
- 1/4 cup old fashioned rolled oats
- 2 teaspoons of baking powder
- 1 cup low sodium chicken broth
- 3/4 cup peanut butter



Instructions

1. Preheat oven to 375 degrees. Line a baking sheet with parchment paper or spray with cooking spray and set aside.
 2. In a large bowl mix together ingredients
 3. Using a rolling pin, roll out the dough to about 1/2" thick. Using cookie cutters (I used a bone and heart shaped cookie cutter) cut out pieces of dough and place them on the cookie sheet.
 4. Bake for 15-20 minutes, allow to cool for a few minutes on the cookie sheet, then transfer to a wire rack.
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Cheddar Dog Biscuits

Supplies

- 1 beef or chicken bouillon cube
- 1/2 cup hot water
- 1 1/4 cups flour
- 1/3 cup shredded cheddar cheese



Instructions

1. Heat oven to 350 degrees.
2. Dissolve bouillon in hot water.
3. Add water mixture to flour and combine.
4. Mix in cheese.
5. Knead dough until it forms a ball (approximately 3 minutes).
6. Roll dough on lightly floured surface until 1/4-inch thick.
7. Cut into slices or use cookie cutters to make shaped treats.
8. Place dough pieces on nonstick cookie sheet.
9. Cook for 15 minutes for soft treats and 20 minutes for crunchier biscuits.

Basic Dog Biscuits

Supplies

- 2 ½ cups whole wheat flour (substitute regular flour or oats if your dog is sensitive to wheat)
- 1 tsp. salt (or less)
- 1 tsp. Beef or chicken Bouillon granules (can substitute beef or chicken broth/stock)
- 1/2 cup hot water
- Optional: Add bacon or chicken broth, eggs, oats, liver powder, wheat germ, shredded cheese, bacon bits, to (your dog's) taste

Instructions

1. Preheat oven to 350 degrees.
2. Dissolve bouillon in hot water.
3. Add remaining ingredients.
4. Knead dough until it forms a ball (approximately 3 minutes).
5. Roll dough until ½ inch thick.
6. Cut into slices or bone shapes (you can purchase a bone shaped cookie cutter to make shapes with).
7. Place dough pieces on lightly greased cookie sheet.
8. Cook for 30 minutes.



SHELTER WISH LIST

To purchase needed supplies that help animals in our shelter and community, visit [OHS's Wish List on Amazon.com](#).

You can also choose OHS as your charity of choice for [Amazon Smile](#)!

FUNDRAISER IDEAS

- **Bake Sale** - One of the most popular ideas for school fundraisers is, of course, having a bake sale. Everybody loves a sweet treat and it's even better when the proceeds go towards helping a great cause. Ask families to bring in a homemade goodie of their choice. You can use Punchbowl to set up your bake sale and take advantage of the great Potluck planning tool. Participants can sign up to bring a certain item and the organizers will easily be able to keep track of the variety and quantity of items that will be available for sale.



- **Car Wash** - Organize a bubbly car wash. Ask a local bank or university to donate their parking lot, access to water, and hoses. Post ads all over town and in your local paper, and spread the word to corporations in the area to ask for donations to buy car washing supplies. The kids will love getting wet and wild!
- **Penny Drive** - Ask the students to bring in spare change from their house, the student who brings in the most change will receive a prize.
- **Art Show** - Hosting an art show is the perfect choice if you are looking for unique PTA fundraising ideas. Invite students as well as local artists to contribute pieces for the show. It's a win-win situation: students get to display their art for parents, while local artists get exhibit space and free publicity. A portion of the sales from the art show can go to the school.
- **50/50 Raffle** - If you don't have the time to plan a separate fundraiser, consider having a 50/50 raffle during scheduled school events such as sports games. A 50/50 raffle simply means selling tickets and then splitting the sales proceeds equally between the winning ticket holder and the organization. For example, if you sell \$100 worth of raffle tickets, the lucky number holder would get \$50 and the school would keep the other \$50. It's a simple way to collect funds with nearly no start-up expense (just the cost of the tickets) and can be repeated as an ongoing event over the school year.



- For more fundraising information go to:
<https://www.oregonhumane.org/get-involved/host-a-fundraiser/>

Donation Drop Off:

Oregon Humane Society (front desk)
1067 NE Columbia Blvd, Portland, OR 97211

Volunteer Log must be included with your donation (see last page).

Our staff can sign off on your service hours **excluding court ordered community service hours.**



Thank you again for helping our homeless pets. If you have any questions regarding this packet, please reach out to us!

Volunteer Resources
volunteer@oregonhumane.org

Please complete this form and turn in with your donation.



**Volunteer Department
Off-Site Volunteering Record**

Name of Person/Group: _____
Please print clearly

Date: _____

Parent/Guardian Name: _____
(if under 18 years)

Email _____ Phone _____

Parent/Guardian Email: _____
(if under 18 years)

Number of people on project: _____

Number of hours spent on project: _____
(ex: 4 people spent 2 hours each = 8 hours)

Project or Activity type: _____
(ex: making cat toys, making dog treats)

Staff receiving form: _____

Hours recorded by Vol Dept.:

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